

Mentor mentee activities

SHRI SHIVAJI COLLEGE OF PHYSICAL EDUCATION AMRAVATI

Mentor/Mentee Meeting Report

2020-22 Batch

Mentoring within higher education is increasingly considered as a high impact strategy for promoting students success the nature of student mentoring relationship may vary depending on institutional context. Mentoring support the fundamental goal which help students to completes there degrees within the stipulated time with decreased academic stress and increase level of psych-socio wellbeing. In this context of Shri Shivaji College of Physical Education, Amravati provides a physical education mentoring approach.

1. Big Sister /Mentoring Approach

Each senior student is paired with incoming junior students. The roll of senior student mentor is to develop the mentee through sharing of information, knowledge, class notes, lesson plan, practical, expertise and experience. The mentor and mentee communicate regularly to seek information, exchange ideas, air concern and obtain academic advice. Senior hold regular lesson planning, workshop, tutorials, debates and brain storming session etc.

2. Peer- to- peer Mentoring Approach

Classmate help each other with assignments, exchange class notes, evaluate each other's work go over difficult topic and concept, and lend a sympathetic ear to personal problems. The college provide ample opportunities through project work, group assignment's, Group assembly, art and drama, social clubs, internship, celebration for interaction.

First half of the meeting was the a group meeting wherein academic and curriculum issues were discuss thus issues were discussed and addressed as a group to each academic pressure and stress pursuant to the college's rules and regulations. The second half of the meeting was dedicated for individual session were in mentees met the personally and discussed non-academic issues that considered their academic performance – these could be economic, financial, emotional, behavioral, and psychological. The mentor counseled student and during the counseling session drew up the list of suggestion to deal with the non-academic problems giving the mentee the choice to choose from an any of solution to resolved the social and emotional conflict based on their personal circumstances contextualizingthe solutions. The control to make decision was always with the mentee.

The mentor also provides career guidance and academic tutorials all within ambit of the College's mentoring program.

In the academic year 2020-2022 there was one mentor meeting held on 11.03.2020 to discuss and provide guidance on developing e-content. On March 21.03.2020 offline class were suspended and lecture continued online due to the lock down imposed by the state Government to curb the spread of COVID-19.

III. Psychological Support:

Safe and congenial environment.

- a. 24×7 online for support.
- b. Balancing family responsibility and professional demands.
- c. Stress management and time management.

IV. Student counselling for social well-being

- a. Counselling sessions for students during pandemic.
- b. Telephonic counselling for students in distress.
- c. Counselling for students who lost loved ones during pandemic.
- d. Motivational for vaccination & following COVID appropriate behaviour.




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Mentor Mentee Activities List

- I. Academic support: non directive and positive**
 - a. Smooth transition from pure Physical Science and Social studies to Physical Education Teacher.
 - b. Core subject reference involved in planning, implementing, and evaluating their learning.
 - c. Skill development peer teaching, internship, innovative teaching
 - d. Project work through insight into real life problems in terms, improve their quality of performance of skill, and improve their confidence level.
 - e. Portfolio documentation for mentees to reflect on their experience.
 - f. Facilities spaces for application oriented and creative work such as conducting assembly organizing significant days.
 - g. Coaching for skill enhance performance.
 - h. Maximizing student potential without causing stress.
 - i. Articulate thinking through questioning.
 - j. Motivational activity other than physical education.
 - k. Improve learning outcomes of student teachers & encourage students to take charge.
 - l. Motivate student teachers to use of teaching learning material.
 - m. Facilitate professional development experiences, contribution to Physical Education program.

II. Professional Counselling:

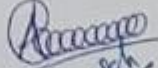
- a. Awareness of avenues in higher education.
- b. Job opportunities.
- c. Continuous professional development.
- d. Pathways for Entrepreneurial opportunities.
- e. Alternative professional pathways.

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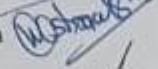
MENTOR MEETING NO.1

The Shivaji College of Physical Education Mentor Meeting was held in the college on 5/01/2022. President of this meeting Dr. Anjali Thakre, after welcoming the students in the meeting, they were guided by the principal and brief information was given about the activities of college and also dictated about syllabus. The following professors were present for the meeting.

1. Prin. Dr. Anjali Thakre



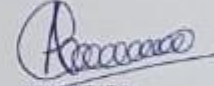
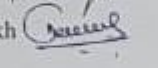
2. Prof. Dr. U.V. Deshmukh



3. Prof. Dr. P.S. Sayar



4. Prof. Dr. P.M. Deshmukh



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MENTOR MEETING NO.2

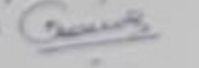
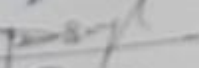
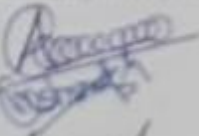
The Shivaji College of Physical Education Mentor Meeting was held on 15/01/2022. President of this meeting Dr. Anjali Thakre. The mentor/mentee has been divided there course. In this meeting the student were divided into different groups. The Student BPEd was divided there Maha CET SCORE and BPES & DYEd student divided by their college constructed test. The following Mentee were present for the meeting.

1. Prin. Dr. Anjali Thakre

2. Prof. Dr. U.V. Deshmukh

3. Prof. Dr. P.S. Sayar

4. Prof. Dr. P.M. Deshmukh



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SHRI SHIVAJI COLLEGE OF PHYSICAL EDUCATION AMRAVATI

Mentor/Mentee Meeting Report

2017-19 Batch

Shri Shivaji College of physical Education render's mentoring to all its students by keeping in mind the paramount significance of mentoring a vitally important mechanism to benefit and train the next generation of knowledge creators and disseminators.

The purpose of this mentor meet was to ensure that about 20 student has a mentor, as well as to encourage and guide students to actively participate in competition and events (curricular and co- curricular, physical activity) in order to bring out their hidden talent and creativity by learning about their fields of interest, hobbies and personal issues and responsibilities, and scaffolding them to complete the given tasks. In order to make mentoring system efficient, the B.P.E.S, B.P.Ed, & D.Y.Ed students of 2017-2019 batch were mentored by four lecturers each mentor rendering assistance for students.

Projects taken up in all the curriculum courses syllabus B.P.E.S., B.P.Ed, & D.Y.Ed practice teaching lesson, project, seminar, were completed successfully, Internship of all semesters was completed by all 20 students successfully.

Activities taken up for BPES, B.P.Ed, & D.Y.Ed students:

Organization Sports activities, intramural competition participation, plantation, Volunteering in sports tournament, General knowledge, participation in college conducted activities etc. Majority of the students gained good learning experience and expressed same reflection in their portfolio project.

Dr. U. V. DESHMUKH

Dr. P. S. SAYAR

Dr. P. M. DESHMUKH

Dr. CHETAK SHENDE




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